

BEACON at the BEACH

Embracing Universal Acceptance, Justice, & Compassion

UUSD Newsletter ■ May 2016

May 1 — On Acceptance — Rev. Paula Maiorano, Interim Minister: Our vision describes our members as creating a spiritual community embracing universal acceptance, justice, and compassion. In this sermon, Rev. Maiorano will share a few thoughts on what universal acceptance means and does not mean, and what makes it a spiritual discipline. The service includes a reading of I Am Jazz on being a transgender person.

May 8 — The Compassionate Motherhood of Quan Yin and Mary — Rev. Paula Maiorano, Interim Minister: The Goddess and Divine Feminine aspects of Buddhism and Christianity are carried respectively by Quan Yin and Mary. What can these two great female archetypes tell us about the mothering we're all in need of?

May 15 — Paying It Forward — Rev. Dr. Richard Speck: We drink from wells we did not dig and eat from fruit we did not plant. What does this mean for us today as we look to the future of the UUs of Southern Delaware? The First Unitarian Church of Wilmington is celebrating its 150th anniversary in April. What might be the legacy of UUSD, and what are you willing to do to ensure it? Rev. Dr. Richard Speck, retired District Executive of the Joseph Priestley District, will help us explore these questions.

May 22 — Cosmic Theology — Rev. Kathie Thomas: We will reflect together on integrating cosmology, a study of our cosmos, and theology, a study in the traditional meaning of theos, from the Greek, that is, God, or to the non-traditional, the study of that which is of ultimate concern. We will explore just a few questions in this vast field: what is our relationship as humans with the

cosmos, where, and if, God is in all of this, and a bit about how it all began.

May 29 — In Memoriam — Rev. Paula Maiorano, Interim Minister: Although the long weekend vacation aspect tends to dominate the plans for Memorial Day, it is still very important to take time out to remember and reflect on those who have given up or are willing to give up their lives for the rest of us. This service helps us to do that.

**Sunday Services at 10:00 a.m.
Religious Education & Childcare**

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REV. PAULA MAIORANO, INTERIM MINISTER



MAKE ROOM FOR SERENDIPITY!

Serendipity occurs when events unfold by chance in a happy or beneficial way.

I listen to so many of you doing so much so often, that a reminder to open space for a sabbatical is timely. Let go of any unnecessary new initiatives until at least the start-up of the new church year in the fall, and free up as much time as possible in July to refresh and renew.

It may seem counterintuitive, but time really needs to be structured to be free enough for spontaneity.

UU ministers are strongly encouraged to take a sabbatical every so many years, on leave paid for by the congregation they serve. Usually it is a month of sabbatical for every year served, after about five years of service. The idea here is to leave your day-to-day work to focus on a particular project that helps you to renew your life's work and to return to your congregation refreshed and more deeply engaged.

Unless you are a university professor, it is unlikely that you will have such an extended sabbatical time. But mini sabbaticals are possible and needed.

I notice that many, if not most of the retired members of UUSD are caught up in the day-to-day work needed to keep your spiritual community operating well. Even retirees need a break from retirement work. Giovanni and I are using our May vacation to Italy in this way. Our goal is to put ourselves for a time in the villages from whence came our grandparents, do a bit of genealogy research, and see what else comes up. And, I will be off the whole month of July, remaining in our condo at Gull Point on the Indian River. We've just purchased two kayaks, but besides spending time on the water, we've made plans to have no plans. Let's see what serendipity brings with this structure for spontaneity — ours and hopefully yours.

In peace, *Rev. Paula*

PRESIDENT'S COLUMN — DEANNA DUBY



Warm, sunny spring days are more the norm these days; our thoughts start turning to things like beaches, nature walks, kayaking, and biking, and our concerns shift from snow removal to mowing and tree maintenance! Oops.... I guess that last one slipped in because I've got a Property Management Committee meeting coming up!

This points up an important difference between life at our former location where we were renters of a relatively small space and at our lovely new home where much more is involved in upkeep, maintenance, and even scheduling events. As often happens with big changes, this demands a little more of us.

As for scheduling, at Toddy's, we could almost always count on being able to meet at the church, since not a lot of meetings were held there. Here, if you're not on the official calendar, you probably won't find a space to meet, as we are not only holding a lot more meetings here (some that were previously held in homes, and some new groups and new committees), but we are also renting out the space to other groups. And we've learned that our new space is not as sound-proof as we would like — so we can get on each other's nerves when two groups are meeting at the same time, particularly if one of those groups is a noisy committee meeting or discussion group, and the other is a group that needs silence, such as a meditation group or a yoga class. So we probably all need to lighten up a little and remember to treat each other with respect as we work out the differences and overlaps.

As we tackle the new maintenance demands, we've experienced a lot of "sticker shock" — as to both money needed and work involved. The Property Management Committee has already grown from four members to seven, and we have two subcommittees: one to handle rentals, and one focused on landscaping and grounds maintenance. We have several (soon to be more, we hope) folks trained as AV techs in the sanctuary.

I mention all of this for a couple of reasons. The first is that we are in great need of volunteers of all kinds. If you are looking for ways to get involved, meet more UUSD members, feel more connected to this community, there are many opportunities. The landscaping and grounds folks announce work days regularly, so watch for those announcements, and come out and clear some brush, pull some weeds, etc. All of our committees would welcome new members. You don't need to join to attend a meeting — just check the calendar and go to a meeting of a committee you might be interested in, and see what you think. And, if you've been on a committee and think you might like to take on more responsibility, consider chairing or co-chairing. Or taking minutes. Or heading up a specific project. Your energy is needed!

The second reason for addressing these changes is that we all need to remember to be flexible. Lots has changed, and more probably will. Part of that is related to the change in space, part to the fact that we are "in the interim" and a task of the interim minister is to help us go through changes while also working to identify who we are and who we want to be as a religious community. I would guess that many of us occasionally long for things to be exactly as they were at Toddy's, and at other times, we are embracing the changes with joy. That's human nature. And it is tempting to get "testy" with one another over things like this. That's okay, as long as we remember to chill now and then, too, and realize that we might actually end up being very happy here, despite the changes!

— Deanna Duby, Board President

LIFESPAN FAITH DEVELOPMENT — AMBER PETERSON



So many things happening! The curricula class for the children will wrap up this month and our summer classes are just around the corner! If you have a special talent, craft, or area of expertise that you would like to share with our young ones, we need you! Our summer programs are usually individual programs on various topics like photography, drama, drumming, crafts, etc. We will be having a wonderful science series by Gary Schmidt for grades 5-9 that will cover four Sundays and play practice with Kris Acker for a couple weeks prior to our Intergenerational Play on July 31. But there are still several spots to fill, so please let me know if you are willing to share your time and talents with our children. We are also looking for new members for the Lifespan Faith Development Committee to aid in programming, teaching, organizing, and/or general support of our children and adult programs. We meet on the first Sunday of every month in the large classroom at 11:45 a.m. Attend a meeting or contact me for more information.

Our Third Friday Friends and Families Game Nights are going strong! Please join us for the next one on May 20 from 6:30 – 8:30 p.m. Feel free to bring friends with you! Enjoy board games, card games, dice games, or anything you might like to bring to share with adults and children. Children are encouraged to attend and should plan to participate in the games. Please bring a simple snack to share (like pretzels, chips, or carrot sticks) and your own beverage.

If you have any questions or comments about any of the above, please contact me at 302-853-0846 or [email me](#). I hope to see you at Game Night!

— Amber Peterson, Director, Lifespan Faith Development

MUSIC NOTES — DR. MARCELLE SCHIFF



Do you love smart, funny services with lots of great music? If you do, you will want to attend “Love Illuminated,” the Music Sunday service on June 5. This service was written and developed by my daughters, Dr. Emily Nagoski and Dr. Amelia Nagoski.

Emily is the *New York Times* best selling author of “*Come As You Are: The Surprising New Science That Will Transform Your Sex Life*.” She is a sought-after speaker on the subjects of love relationships and sexuality, and has been a sex educator for twenty years. You may have seen her on MSNBC, heard her on NPR, or seen her TEDx Talk on YouTube. She recently returned from England where she was interviewed on the BBC Women’s Hour and spoke at Leeds Beckett University and to sold-out crowds at the Women of the World Festival.

Amelia holds doctoral and master’s degrees in conducting, with minors in vocal performance and music history. An active clinician, adjudicator, and certified Tai Chi practice leader, she has presented research and workshops at state, regional, and national conferences of music educators on the subject of music-making as embodied cognition. She is widely published in professional journals, has published numerous music editions, and was a contributing author in many of James Jordan’s landmark choral texts.

So, please plan on joining Emily and Amelia, along with members of Ayre Craft, the UUSD choir, and me in this special service filled with relationship wisdom and music that will make you laugh and smile. And maybe you will get a peek into how your relationship works!

NEWS FROM YOUR UUSD BOARD OF TRUSTEES

The Board of Trustees meets the second Tuesday of each month at 7:00 p.m. at the church. Everyone is welcome to attend. A link to the meeting agenda and reports made available to the Communications Team prior to the meeting are posted on the UUSD website homepage. The link to the Board of Trustees meeting section is in the members-only page at <http://uussd.org/index.php/board-of-trustees-meeting-minutes.html>.

HIGHLIGHTS: APRIL 16, 2016 BOARD OF TRUSTEES MEETING

— Dan Payne, Secretary, Board of Trustees

Consent Agenda: The Consent Agenda, consisting of the March 9, 2016 Board meeting minutes, Financial report, and the Interim Minister’s report, was approved.

Financial Report: Gary Colangelo, Finance Officer

- Gary Colangelo presented the Balance Sheet and Income and Expense statements as reformatted by Pat Murdock. This format will be used going forward. He noted that March income showed a loss, but with the Auction income anticipated in April, he expects net income for the year to be approximately \$12,000 if trends continue.
- The Capital Budget is being formatted to be consistent with the other financial reports and should be available for the May Board Meeting

Proposal From Clean Energy Delaware USA: Charles Davidson, Clean Energy USA

- John Sykes introduced Charles Davidson of Clean Energy USA, which is part of Schell Brothers. Charles discussed advantages to UUSD of going “Solar.” It was agreed the Property Management Committee will take the lead in evaluating the proposal and give its recommendations within a few months.

Review/Approval of Social & Environmental Justice (S&EJ) Committee Resolution of Conscience: Don Peterson, Chair

- Don Peterson discussed S&EJ’s Resolution, and the Board unanimously approved same going for a vote at the Annual Meeting.

Update on FY 16 Budget Process and Financial Review of FY 15: Joanne Saltzberg, Finance Co-Chair

- Joanne Saltzberg took the primary lead regarding the update on the Budget process and preliminary results, which indicate an increase of 14% in operating expenses. This will require a commensurate increase in Stewardship, Fundraising, and other sources of income if a balanced budget is to be achieved. Additionally, monies will be needed for the Capital Budget.
- Dan noted that Lee Summerville will assist Joanne Saltzberg and Pat Murdock in the review of the FY 15 results. The Board unanimously approved all three candidates.

Update on Selection of Ministerial Search Committee: Dan Payne

- Dan Payne indicated to date that four candidates have applied. The due date for submission is midnight April 17.

Report from Property Management Task Force and Vote to Make it a Committee: Deanna Duby

- Deanna Duby distributed the revised language to make the Property Management Task Force a committee reporting to the Board.
- The Board unanimously approved the change.

Report from Rental & Usage Committee: Pat Murdock

- Pat Murdock indicated \$400 was received from the Insight Meditation Group for their use of our facility in May and October.
- Pat expressed a need for some volunteers to help with the paperwork and monitoring the facility when used by non-UUSD groups.

DID YOU KNOW? — RON SCHAEFFER

MAY: A BUSY MONTH FOR RELIGIOUS CELEBRATIONS

For many people around the world, May Day seems to be known as the date for *International Workers Day* developed by the Socialists and Communists back in the late nineteenth century. But May Day was actually a traditional time for the many different Pagan festivals in what is today Europe and the Middle East. Beltane, the Gaelic May Day festival held generally on May 1, and considered the halfway point between spring equinox and summer solstice, is a perfect example. In the Gaelic world, this was seen as the first day of summer and the coming fertility of the land and the

community, and was one of the four Gaelic seasonal festivals celebrating these earth-centered changes. Bel was a Gaelic deity, and Beltane referred to the “fires of Bel”. These bonfires were thought to cleanse, purify, and increase fertility. As Europe Christianized, these Pagan holidays lost their religious character, and May Day became a popular secular celebration. But many UU-Pagans continue to celebrate and honor these ancient traditions.

Other important religious celebrations in May 2016 are as follows:

- Many Orthodox Christian churches celebrate the miracle of Easter (Pascha) in the Julian calendar, which falls this year on **May 1** in the Gregorian or Western calendar we use.
- The 12th day of Ridvan on **May 2** in the Bahai faith is the end of a 12-day period started in 1863 when Bahauallah declared he was God’s messenger for this age.
- **May 4/5** is Yom HaShoah in Judaism, or *Holocaust Remembrance Day*.
- **May 5** is an interfaith occasion, started by President Harry Truman in 1952 when he declared a *National Day of Prayer* to pray for the United States and its leaders.
- **May 15** is Pentecost, which falls fifty days after Easter Sunday and is a traditional day of baptism and confirmation of new Christians.
- **May 15** is Visakha Puja, a Buddhist marking of the birth, enlightenment, and death of Lord Buddha.
- **May 21** is Lailat al Bara’a, an Islamic night of prayer to Allah for the forgiveness of sinners and the honoring of deceased ancestors.
- **May 22** is Trinity Sunday, when Christians honor the belief in a God with a threefold nature.
- **May 24** in the Bahai faith is the recognition of the Declaration of the Bab in 1844 by Ali Muhammed that he is the anticipated “Coming One” of all religions.
- **May 26** is Corpus Christi Day, a Roman Catholic celebration of the Eucharist — the Sacrament of the body and blood of Christ.

Are there any special Unitarian Universalist days in May? There are quite a few historical events, but three special occasions worth mentioning are:

- On **May 1, 1933**, the Humanist Manifesto was published and signed by 36 prominent scientists, philosophers, academics, 7 Unitarian ministers, and one Universalist minister. It affirmed 14 points of religious humanism and was the rallying cry for a liberal religious view that was to dominate the Unitarian faith for the next 27 years, and the UU faith after the merger in 1960 for many decades.
- On **May 5, 1819** William Ellery Channing preached the famous sermon, “Unitarian Christianity,” at the First Independent Church of Baltimore (renamed First Unitarian Church in 1912). It is considered to be one of the most influential sermons ever preached in America. It was translated into seven languages and circulated throughout the United States, Canada, and Europe. It united religious liberals under the name Unitarian, which had been seen as pejorative and avoided up to that time.
- In **1825**, (six years after Channing’s sermon) the American Unitarian Association and the British and Foreign Unitarian Association were both formed independently on **May 26** as new Christian denominations.

There are more religious holidays in May, but this gives you a feel for the more important ones in different faiths.

COMMITTEE NEWS AND EVENTS

STEWARDSHIP

UPDATE ON STEWARDSHIP CAMPAIGN AS OF APRIL 28

— Jean Charles, Chair

Jean Charles, Stewardship Chair, is pleased to announce that as of April 28, UUSD has received **\$177,963** in pledges from 69 units of members and 10 units of non-members. The goal for the year is \$180,000, and we are just short of our goal. Jean will announce the final numbers as soon as they are available. Thank you for making this year's UUSD pledge drive successful and a brilliant example of what we can all accomplish together!

MEMBERSHIP

NEW MEMBER RECOGNITION SUNDAY

— Bobbi Dunham, Co-Chair

On Sunday, March 20, six new members — Jim Gervan, Donna Dolce, Pam Everett, Randy and Kathy Zipser, and Courtney Sunborn (not shown) — were welcomed into the UUSD family. Rev. Paula read the pledge, and current and new members covenanted with each other to fulfill the principles and purposes of the Unitarian Universalist Association and UUSD. New members were presented with seashell provided by Beryl Martin, and with Welcome booklets.



Deanna Duby, Board President, represented the Board of Trustees, and Bobbi Dunham, Membership Co-Chair, represented the Membership Committee. A celebratory cake was provided by Ceil Toth. New members, who were unable to attend, were Janet Cordiano, Michela Coffaro, and Anni Wood. A big welcome is extended to all our new members.

(l to r: Jim Gervan, Donna Dolce, Pam Everett, Rev. Paula Maiorano, Randy and Kathy Zipser, and Bobbi Dunham, Membership Co-Chair).

DENOMINATIONAL AFFAIRS

STILL TIME TO REGISTER FOR GENERAL ASSEMBLY 2016 IN COLUMBUS

— Ron & Pat Schaeffer, Co-Chairs



*It is not too late to register and participate in the highlight event of the year, the **UUA General Assembly** on June 22-26 in Columbus, Ohio at the Greater Columbus Convention Center. The theme is *Heart Land: Where Faiths Connect*, and the Ware Lecturer will be **Krista Tippett**, author, journalist, and radio host. This is a great opportunity to learn more about Unitarian Universalism through hundreds of workshops, enjoy great music, and participate in daily worship services. Join 5,000 other UUs in a truly transformative experience. At this point, we have 13 UUSDers registered.*

Yes, there is more to Unitarian Universalism than UUSD and you have the opportunity to grow and transform your lives by participating in these events. See Ron or Pat Schaeffer, Betty Metzler, or Gary Colangelo, members of the

Denominational Affairs Committee, for more information.

REFLECTIONS ON THE 2016 JOSEPH PRIESTLEY DISTRICT ASSEMBLY

— Betty Metzler, Denominational Affairs Member

Six members of UUSD — Len Bowman, Gary Colangelo, Deb Davies, Jenna Hom, Betty Metzler, and Joanne Saltzberg, plus Reverend Paula (representing UUSD) and Giovanni Maiorano (representing First Unitarian Church of Wilmington) — attended this year’s assembly, “Congregations in Covenant: Living the Interdependent Web” in York, Pennsylvania in early April.

From UUA Moderator Jim Key’s Keynote speech on Friday night to the closing ceremony on Saturday, it was all about “covenant” (both noun and verb), “interdependence,” and the need to work together. Briefly, Jim mentioned the 1648 Cambridge Platform (information available on the UUA website), which has defined congregational polity for many years. (Interestingly, of the 65 congregations that signed the original pact, 21 are members of the UUA today.) The point he stressed was that, although Unitarian Universalists have traditionally been independent, times have changed, and we now need to work together even more closely than before.

Emma’s Revolution played Friday night and again for the Worship Service on Saturday morning to inspire us. We had many workshops choices. Several of us attended “Broken Promises: Why Covenants Fail.” Reasons given included: individuals often feel that expressing a belief is good enough, so they fail to follow through in acting upon it; covenants that are created from the top down will fail; covenants that are not specific will fail; and covenants that are not reinforced will fail. Therefore, we must involve everyone in making a covenant and make it inclusive enough to inspire but also specific, reinforce those who support it, and keep it alive by reviewing it often.

“*A Vision for Beloved Community*,” a film-in-progress, described President Barack Obama’s youth in Hawaii where diversity was the norm and multi-racial people were common. The “Aloha” culture of Hawaii stresses courtesy, mutual welcoming, and remaining calm to work through problems. President Obama grew up with UU grandparents and values very close to UU values, but without the weight of racism and oppression, and the resulting bitterness. Workshop participants were asked to work on building the beloved community in their areas.

“*Emerging Faith Beyond the Fads*” dealt with congregational relevance, including the **spiritual**: “how does it grow your soul?”; the **contextual**: “who is missing or cannot fully participate in what you love best?”, “who is in the neighborhood?”; the **contemporary**: start with spiritual practice — what we do well and ask “what are the barriers to that need to be lowered (time, cost, transportation, etc.)?” Speak to what is going on in the community and in the world. Discover what clicks with young people. And finally, advertise, sponsor events, and make your church and its activities known to the area.

“*Bridging: A Moment, A Process, A Lifelong Commitment*” used the vision of a cliff to show how we support our youth until age 18, then there’s a drop to adult activities. The ways suggested to bridge this gap or drop were linking to congregations near colleges, congregational or regional young adult groups, campus ministries, covenanting communities that are not congregations, one-time experiences like attending GA, or a loose UU link to stay in touch but without group affiliation (a UUA Task Force is working on this issue).

“*Forming Congregational Partnerships*” considered the many ways in which congregations can deal with financial and staffing issues. Beyond the possibilities of actually sharing staff, we should consider the possibilities of theme sharing, joint small groups, youth programming, social justice ministries, sharing endowments, and creative outreach, to name a few. By taking the time to know each other and working together, we can all become much stronger.

“*Social Media Strategy and Engagement*” provided current information on the use of different social media platforms by various groups of people. Specific goals, actions, and strategies for growing congregational connections with its various communities through social media were offered along with free resources that are available to assist in this work.

“*Sustainability through 21st Century Stewardship*” continued the theme that better connection with members is the key to better outcomes. And, although the presenter was a strong advocate of face-to-face meetings about pledges, he also was clear that online giving capacity was critical because it has been embraced by all ages. For instance, 90% of individuals with incomes over \$75,000 give online and, dispelling the notion that older persons are not tech friendly, he reported that 68% are regularly online with 71% online every day.

In general, all of the workshops offered a great deal of information that could be used to help UUSD connect and grow.

The **Business Meeting** on Saturday afternoon started with an introduction to the CERG staff, who are now employees of the UUA, and ended with the vote of the delegates to direct the JPD Board to vote for the Resolution for the Dissolution of the Joseph Priestley District and transfer its assets to the UUA, after which it would become part of the Central East Regional Group. This action, which was the business focus of the Assembly, was met with a cheer by some, but mixed with some sadness as an era ends. But, workshops and meetings aside, the real reward of attending was just getting together with a larger group of UU’s and sharing ideas, experiences, and creating new memories.

SOCIAL & ENVIRONMENTAL JUSTICE (S&EJ)

— Don Peterson, Chair

Weatherization Forum: On March 3, the S&EJ Committee and DE Interfaith Power & Light co-sponsored a public forum on how to take advantage of the Energize Delaware program that will provide an energy audit of your home, recommend changes you can make to conserve energy, and provide low-cost unsecured loans for completing the work. The energy audits cost either \$100 or \$50 (depending on income), you receive up to \$225 of free energy-saving products (low flow shower heads, pipe insulation, etc.), and up to \$7,800 in rebates. There are also special programs for low income families. It's practically a "no-brainer!"



(l to r: John Sykes, Lisa Locke, Kerry Hollenbeck, and Sally Crouch)

If you were not able to attend the forum, you can sign up at <http://deseuhp.org/appointment-request> or call **Kerry Hollenbeck**, Energy Advisor at Energize Delaware, at 443-207-2194. We especially want to thank **Sally Crouch** from the S&EJ Committee, and **Lisa Locke** and **John Sykes** from DE IPL for organizing such an informative event!

ActionAlert302: UUSD is partnering with the **Coalition to Dismantle the New Jim Crow** by participating in the **302ActionAlert** program. This program focuses on pending legislation in the DE General Assembly concerning racial bias and criminal justice reform. By signing up for this valuable service, you are notified about pending legislation, provided with a sample letter, and provided with links to your legislators. This is a powerful and useful new tool in influencing the General Assembly on issues we care about! Please sign up for the Action Alerts by sending an email to 302ActionAlerts@gmail.com and asking to be added to the email list. This is an easy way to get involved!



Moral Witness Wednesday: On the **fourth Wednesday of every month, now through June**, UUSD members are traveling to Legislative Hall in Dover to march and demonstrate in support of repealing the death penalty and equal justice. We carpool from UUSD at 3:30 p.m., meet at the back of the Wesley United Methodist Church at 209 S. State Street at 4:30 p.m., and march two blocks to the steps of Legislative Hall. Moral Witness Wednesday supporters have been visited by Matt Denn, Attorney General, many legislators, and have heard testimony from former prisoners. The purpose of the demonstration is to keep the spotlight on repealing, once

and for all, the death penalty in Delaware. After the demonstration, we travel to a restaurant in Dover for dinner and fellowship with other demonstrators. Please join us! For more information or to sign up to go, please contact [Don Peterson](#).

PARTNER CHURCH

— Ceil Toth, Chair



Have you noticed the 10 beautiful embroideries on the walls to the right of the sanctuary door? These were handmade by the women of the Tordatur congregation. They were given to the eight of us on our pilgrimage in 2014 for the sole purpose of raising money for our new church. Ten members of UUSD purchased them and very generously donated them back so they could be hung in our new space. The \$500 raised from their sale was given to the Building fund. Special thanks to the ten members and to Kris Acker for her help in hanging them.

MEMBERSHIP

WELCOME PAM EVERETT TO UUSD

Welcome to one of our newest members, Pam Everett, who finds that UUSD is the perfect fit for her.



“After moving to this area, I did shop around for churches,” said Pam, who was raised in the Presbyterian faith. “I’m very happy with UUSD — the church is helping me live my spirituality on a daily basis.”

Pam moved to Lewes four years ago from Arlington, Virginia, after retiring as a manager with the Arlington County Government, Parks and Recreation Department, where she worked for 27 years. Her education was in Parks and Recreation Management, and she earned her master’s degree from the University of Maryland at College Park. Pam also taught Environmental Education, at a hundred acre outdoor overnight facility at the base of a mountain in Clear Spring, Maryland for six years. This program was part of the Washington County Board of Education academic curriculum.

Pam’s lifelong dream was to “live at the beach” when she retired. She lives in Lewes with her son, Dylan, 23, who works as a DJ in area entertainment venues and loves to surf in his spare time. Completing the family is Marley, a dachshund-beagle mix that Pam adopted last year from the SPCA. Her hobbies include gardening and a recently discovered passion for Pickleball, which Pam calls “great exercise and so much fun.”

Although Pam signed the UUSD membership book on March 6, she has already become involved in church service. She is helping with childcare with ESL classes, and she recently joined the Membership Committee.

We extend a warm welcome to Pam and look forward to getting to know her as part of our church family.

EVENTS & ACTIVITIES

ADULT EDUCATION

HEALTHY EATING SERIES FEATURING DOROTHY GREET STARTS MAY 9 AT 1:30 P.M.

— Len Bowman, Adult Ed. Co-Coordinator



UUSD will host a two-week educational series on “Eating For Your Health and the World’s” on Monday, May 9 and May 16. Dorothy Greet, a Plant-Based Nutrition Educator living in Lewes, will be the featured speaker. Seating is limited, and pre-registration is required. To register for the series or for more information, contact [Len Bowman](#) or call 443-286-3495. A one-time \$15 donation is requested for the series.

The May 9 session, 1:30 p.m. to 4:00 p.m., will focus on “The Why of Plant-Based Eating” and will feature the film, “Forks Over Knives,” which examines the profound claim that most, if not all, of the degenerative diseases that affect us can be controlled, or even reversed, by rejecting animal-based and processed foods. A discussion will follow the video with delicious plant-based refreshments.

The May 16 session, 1:30 p.m. to 3:30 p.m., will focus on “The How of Plant-Based Eating” and will cover serious food facts, fun, prep, demonstration, and tasting. Participants will come away knowing how to shop, prepare, serve, and eat fast, easy, and delicious meals for optimum personal and global health.

Dorothy Greet, a retired clergy woman, has a Cornell certificate in Plant-Based Nutrition, which she obtained after a heart attack turned her life upside down. With “The China Study” by T. Colin Campbell, Ph.D., her goal is to educate others about the extraordinary health benefits of Whole Food Plant-Based Eating and the damaging impact of the Western diet.

SAVE-THE-DATE: UU101 CLASS TO BEGIN ON THURSDAY, JUNE 9 AT 6 P.M.

— Betty Kirk, Adult Education Co-Coordinator

UU101, a three-session class, is open to all who want to find out more about Unitarian Universalism and UUSD. Rev. Paula, Len Bowman, and Betty Kirk will be the class facilitators. Healthy snacks will be provided. The first class will cover UU beliefs and principles, our services and ceremonies, and UU resources. The second class on June 16 will cover UU and UUSD history. The third and final class on June 23 will cover UUSD governance and activities as well as membership information. New UUSD members, who have not already done so, and newcomers thinking about UUSD membership, are encouraged to attend this fun and interesting class. There will be a signup sheet in the foyer beginning in May. For more information, please email [Betty Kirk](#) or call her at 302-645-9061.

FIRST FRIDAY FILM: “SLEEPING WITH THE ENEMY” ON MAY 6

— Karen Lunstead



The next First Friday Film will be “Sleeping with the Enemy” on May 6 at 7 p.m., sponsored by UUSD’s Social & Environmental Justice (S&EJ) Committee. Julia Roberts stars in this thriller about a battered wife stalked by her abusive husband. Representatives from People’s Place, a local nonprofit that sponsors women’s domestic violence shelters, will lead the discussion after the movie. Ceil Payne, a UUSD member who serves on the board of People’s Place, will also participate in the discussion. A potluck dinner before the film begins at 6 p.m. The event is free and open to the public.

People’s Place has three shelters located in Sussex and Kent Counties. Abriendo Puertas (Open Doors) is for Spanish-speaking women and families. The other two shelters are part of People’s Place SAFE Program (Shelter Advocacy

Freedom & Empowerment). The S&EJ committee will collect donations for People's Place from Sunday, May 8 to Sunday, May 22 to help families transitioning out of the shelter. The following items are needed:

Silverware, serving & cooking utensils / pots & pans / toasters / coffee pots/ can openers / dish soap / pot holders / baking sheets / colanders / ice cube trays / crock pots / roasters / dish towels / shower curtains, rods, rings / hand soap / toilet paper / trash basket / towels (wash cloths, bath towels) / toilet brush & cleaner / plunger / cleaning products (tub cleaner, Windex, Comet, floor & all-purpose cleaner, bleach) / paper towels / tissues / mops / brooms / buckets / laundry detergent / curtains & curtain rods for living rooms, bedrooms, etc. / trash bags / plastic containers / mixing bowls / lamps & lightbulbs / dryer sheets / hangers / ironing boards / health & beauty products (feminine products, shampoo, conditioner, deodorant, razors, blow dryers, brushes, & toothpaste) / pillows / blankets / sheets / flashlights / laundry baskets & hampers. All sheets and towels need to be new.

Please contact Karen Lunstead at 302-231-8192 with any questions.

SAVE-THE-DATE: BEACH CLEAN-UP SCHEDULED MAY 22

— Don Peterson, Chair, S&EJ Committee

On Sunday, May 22 at noon, UUSD will travel to Cape Henlopen State Park for its annual Beach Clean-Up. We are trying something different this year by holding it on a Sunday after services. We hope that many more will join us this year, and we especially look forward to having more families and children join in the fun! After cleaning up our stretch of the beach, we will get together for lunch at one of the pavilions. Bring sandwiches for yourselves and something to share with the group (chips, fruit, cookies, etc.) The S&EJ Committee will provide the drinks (water, soft drinks, beer and wine). **Join us for a fun and important event!** For information, please speak with Betty Kirk at 302-645-9061.

MAY HIGHLIGHTS

MAY: Tuesday & Thursday, 5-7:00 p.m.

ESL Classes

Contact: [Betty Kirk](#)

MAY: 2, 9, 16, 23, & 30 at 6:45-8:00 p.m.

Gentle Yoga Ongoing Class – All Levels

Contact: [Holly Piper-Smith](#)

MAY 2, Monday, 7:00 p.m.

Book Group: *The Well* by Catherine Chanter. This work of fiction tells the story of an older couple who move from London to an idyllic farm; as the story unfolds, what starts as paradise becomes a prison. Facilitator: Kris Acker. Contact Bobbi Dunham: 302-644-220

MAY 6, Friday, 6:00 p.m.

First Friday Film — *Sleeping With the Enemy*

Contact: Karen Lunstead at 302-231-819

MAY 9 & 16, Monday, 1:30 p.m.

Healthy Eating Series

Contact: [Len Bowman](#)

MAY 10, Tuesday, 7:00 p.m.

Board of Trustees Meeting – All are welcome.

Contact: [Deanna DUBY](#), Board President

MAY 20, Friday, 6:30 p.m.

Friends and Family Game Night

Contact: [Amber Peterson](#)

MAY 22, Sunday, Noon

Beach Clean-Up

Contact: Betty Kirk



Staff & Officers

Interim Minister

[Rev. Paula Maiorano](#)

Director of Lifespan Faith Development

[Amber Peterson](#)

Music Director

[Dr. Marcie Schiff](#)

Nursery Teacher

Sabina Beaver-Kepner

Board of Trustees

President: [Deanna Duby](#): 302-684-3589

Vice President: Jane Miller

Finance Officer: Gary Colangelo

Secretary: Dan Payne

Sharon Herb

Wayne Lunstead

Walt Smith

Bookkeeper: Leah Ann Thompson

(Direct all bookkeeping, pledge data requests, and related financial matters to [Gary Colangelo, Finance Officer.](#))

Send email and address changes to:

[Joanne Saltzberg](#) (temporary)

[Jean Charles](#)

To email a designated person or open a website link in the *Beacon*, move your cursor over the underlined name or text and a small hand comes up, simply click on the name to open the email or site.

- Newsletter Articles due the 20th of each month to [Pat Schaeffer](#).
- Publicity requests to [Pat Schaeffer](#)
- Order of Service notices by Wednesday to [Anni Wood](#) and [Jean Charles](#)
- Weekly Community Updates by Thursday to [Jean Charles](#). Website Calendar Updates to Jean as needed.

Board Committee Chairs

Activities: Paul Barnette

Capital Campaign: Gary Colangelo & Lee Summerville

Communications: Joanne Saltzberg & Pat Schaeffer

Denominational Affairs: Ron & Pat Schaeffer

Finance: Dan Payne & Joanne Saltzberg

Cloud Society: Dan Payne

Fundraising: Barbara Barnette

Leadership Development: Kaz Huston

Lifespan Faith Development: Amber Peterson

Adult Education: Betty Kirk & Len Bowman

Librarian: Joyce Fitch

Long Range Planning: Joanne Saltzberg

Membership: Bobbi Dunham & Betty Kirk

Music: Dianne Conine & Margaret Keefe

Partner Church: Ceil Toth

Pastoral Care: Dianne Conine

Personnel: Deb Davies

Property Management: Jean Charles & Deanna Duby

Rental & Usage: Pat Murdock

Social & Environmental Justice: Don Peterson

Stewardship: Jean Charles

Worship: Jean Charles

Ad Hoc Committees

Landscape Management: Dianne Conine & Margaret Keefe

Small Group Ministry: Jeff Cordiano

UUUSD WEBSITE www.uusd.org

Webmaster Administrators: [Alleane Taylor](#) & [Margaret Keefe](#)

Website Content Administrator: [Pat Schaeffer](#)

FACEBOOK

Administrators: [Pat Schaeffer](#), [Joanne Saltzberg](#) & [Alleane Taylor](#)

NEWSLETTER

Editor at Large: [Pat Schaeffer](#)

Copy Editors: Linda Palmer, Lead: Sue Brown.