

Program Overview

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Grounded in a holistic view of sexuality, *Our Whole Lives* not only provides facts about anatomy and human development, but also helps participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality.

Our Whole Lives uses approaches that work. The curriculum is based on the Guidelines for Comprehensive Sexuality Education produced by the National Guidelines Task Force, a group of leading health, education, and sexuality professionals assembled by the Sexuality Information and Education Council of the United States (SIECUS).

Brought to you by
the combined efforts of:

Safe Harbor United Church of Christ
307 Federal Street
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www.safeharborucc.org/
[www.ucc.org/justice/sexuality-education/
our-whole-lives.html](http://www.ucc.org/justice/sexuality-education/our-whole-lives.html)



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Unitarian Universalist Society of Southern Delaware
33739 Marsh Road, #2
Lewes, DE 19958-4909
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www.uusd.org/
www.uua.org/re/owl



OWL

OUR WHOLE LIVES

Lifespan Sexuality Education



*More than just education,
knowledge for a lifetime.*

About OWL

Our Whole Lives covers topics and skills that both parents and students want to have available but schools are less likely to cover. New national surveys are challenging the convention that Americans are reluctant to have sexual health issues taught in school, the surveys show that most parents, along with educators and students themselves, would expand sex education courses and curriculum.

Our Whole Lives is appropriate for use in a variety of congregational, school, and community settings, including classrooms, after-school programs, and youth groups. Although developed by two religious organizations, *Our Whole Lives* contains no religious references or doctrine. Religious references are provided in a Unitarian Universalist and United Church of Christ companion publication, *Sexuality and Our Faith*.

Our Whole Lives offers:

- ✓ Up-to-date information and honest, age-appropriate answers to all participants' questions
- ✓ Activities to help participants clarify values and improve decision-making skills
- ✓ Effective group-building to create a safe and supportive peer group
- ✓ Education about sexual abuse, exploitation, and harassment
- ✓ Opportunities to critique media messages about gender and sexuality
- ✓ Acceptance of diversity
- ✓ Encouragement to act for justice
- ✓ Parent orientation programs that affirm parents as the primary sexuality educators of their children

This program, designed for students in 10th through 12th grades, will be offered from April 15–June 16 at the Unitarian Universalists of Southern Delaware in Lewes. The facilitators have completed extensive training leading to certification and have completed background checks.

Mandatory Parent Orientation

Before a child may be enrolled, parents must attend a four hour orientation session.

Sunday, March 25, 2012, 12 noon

Unitarian Universalists of Southern Delaware

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Questions? Contact Peggy Smith

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Our Whole Lives values:

Self-Worth

Sexual Health

Responsibility

Justice and Inclusivity